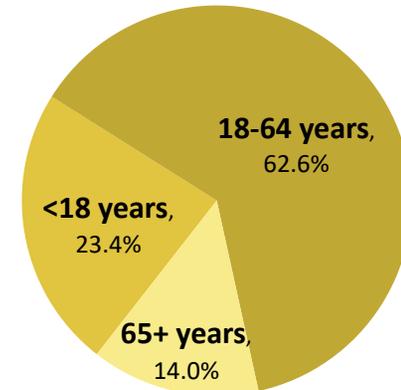
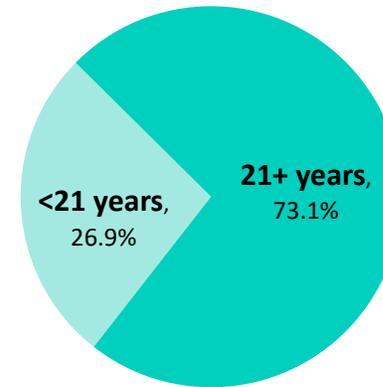
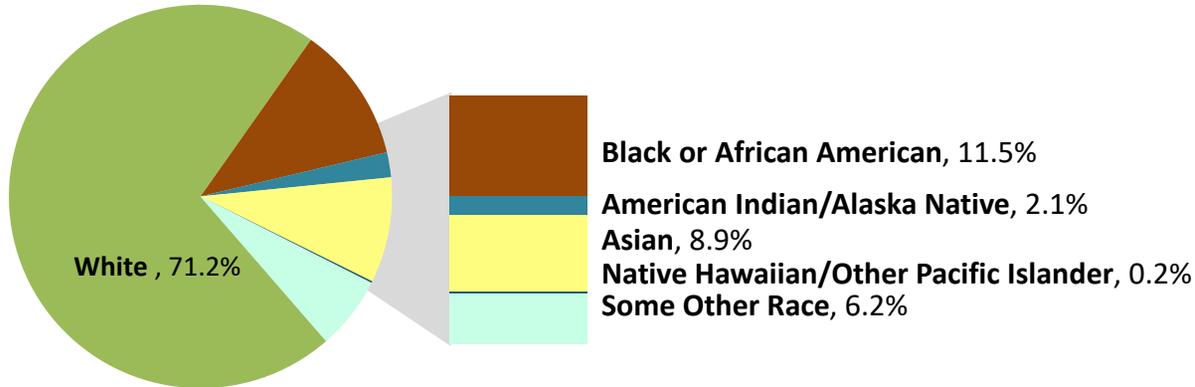


Metro Region

Minnesota Prevention Region Demographic Report

Minnesota's Metro Region includes 7 counties: Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington Counties.

In 2020, the population was **3,163,113** people, **55.4%** of the state total.*



NOTE: Race is alone, or in combination with one or more races

The population in the Metro Region increased by **11.0%**, or about 313,546 people, from 2010 to 2020*

5.4% of those under 65 have no health insurance*

12.0% of the Metro population is foreign-born*

The poverty rate in the Metro Region is **8.6%***

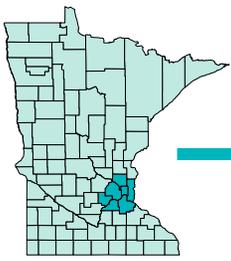
In 2020, **21%** of Metro adults reported **excessive drinking**[^]

From 2016 to 2020, **193** people were **killed** in alcohol-related vehicle crashes[~]

In 2020, **14%** of Metro adults reported **current smoking**[^]

Drug overdose deaths have **increased**[#]





Metro Region Minnesota Prevention Region Demographic Report

71,899 Metro students participated in the Minnesota Student Survey,
5th grade: **18,053** 8th, 9th, and 11th grades: **53,846+**

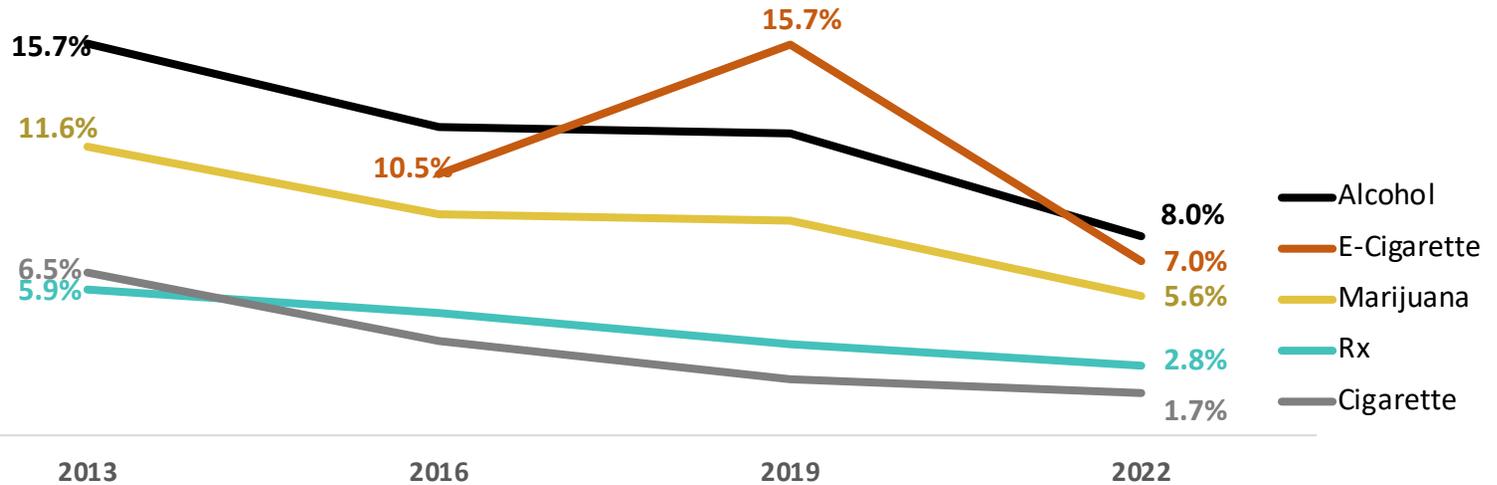
30% say they **can talk to an adult at school** about problems

94% say they have **adults that care** about them

28% report **depression** and **32%** report **anxiety**

21% report **2 or more adverse childhood experiences (ACEs)+**

Substance use is **declining** in the Metro Region.



In 2022, **97%** said **NO** to **misusing Rx DRUGS**



92% said **NO** to **ALCOHOL**



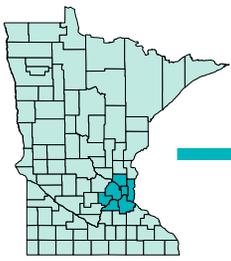
98% said **NO** to **CIGARETTES**



93% said **NO** to **E-CIGARETTES**



94% said **NO** to **MARIJUANA**



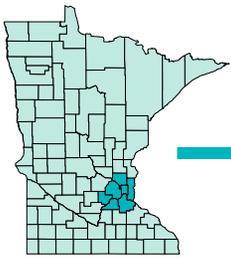
Metro Region

Minnesota Prevention Region Demographic Report

	Anoka County	Carver County	Dakota County	Hennepin County	Ramsey County	Scott County	Washington County	Metro Total
Total	353,775	103,561	425,271	1,255,296	546,598	147,201	259,072	3,090,774
0-20 years old	96,004	31,690	116,853	318,186	149,958	45,304	72,013	830,008
21+ years old	257,771	71,871	308,418	937,110	396,640	101,897	187,059	2,260,766

	Anoka County		Carver County		Dakota County		Hennepin County		Ramsey County		Scott County		Washington County		Metro Total	
White	302,563	83.1%	98,073	91.7%	360,555	82.0%	938,078	73.2%	364,555	66.0%	126,073	83.5%	227,894	85.2%	718,525	64.8%
Black or African American	34,671	9.5%	3,186	3.0%	40,960	9.3%	200,053	15.6%	84,291	15.3%	10,126	6.7%	17,918	6.7%	112,335	10.1%
American Indian and Alaska Native	8,820	2.4%	1,399	1.3%	8,476	1.9%	30,586	2.4%	13,571	2.5%	3,576	2.4%	5,158	1.9%	22,305	2.0%
Asian	23,521	6.5%	4,935	4.6%	29,877	6.8%	116,360	9.1%	93,522	16.9%	11,905	7.9%	21,975	8.2%	127,402	11.5%
Native Hawaiian and Other Pacific Islander	502	0.1%	115	0.1%	752	0.2%	2,003	0.2%	1,043	0.2%	268	0.2%	422	0.2%	1,733	0.2%
Some Other Race	18,912	5.2%	5,372	5.0%	33,138	7.5%	92,683	7.2%	38,035	6.9%	8,840	5.9%	12,329	4.6%	59,204	5.3%
Hispanic or Latino (of any race)	19,506	5.4%	5,308	5.0%	36,305	8.3%	98,250	7.7%	45,034	8.2%	9,008	6.0%	13,094	4.9%	67,136	6.1%

*All races/ethnicities are alone or in combination with one or more races, so the total population of races will include people that are double-counted



SOURCES: FIND YOUR DATA

SOURCE ^ Behavioral Risk Factor Surveillance System (BRFSS)

DATA Substance use and other health data, state-level, with data from some cities: Minneapolis/St. Paul/Bloomington; St. Cloud; Fargo; Duluth; Rochester.

LINK <https://www.health.state.mn.us/data/mchs/surveys/brfss/index.html> and <https://www.cdc.gov/brfss/brfssprevalence/index.html> (under “Table Preview,” choose “View Data,” then filter by “Locationdesc contains MN”)

SOURCE * Census

DATA The Census has a Quick Facts site that makes it easy to search for the latest data by city, county, state, or zip code. The data include population by various demographics, as well as other facts like education level, percentage of people with disabilities, and poverty rate.

LINK <https://www.census.gov/quickfacts/>

SOURCE County Health Rankings (CHR)

DATA The County Health Rankings uses various data sources to compare health measures across states and counties. Because CHR compiles data from multiple years, they have data for counties where sample sizes would otherwise be too small to report, like BRFSS data. For substance use-related measures, CHR includes excessive drinking, alcohol-impaired driving deaths, drug overdose deaths, and adult smoking. Data can be searched by location or by topic.

LINK <https://www.countyhealthrankings.org/explore-health-rankings>

SOURCE ~ Fatality Analysis Reporting System (FARS)

DATA Alcohol-related crashes are listed by state; click on “Minnesota” to see all MN counties reported. Data can be downloaded.

LINK <https://www-fars.nhtsa.dot.gov/States/StatesCrashesAndAllVictims.aspx>

SOURCE # Minnesota Department of Health: Substance Use and Overdose County Profiles

DATA MDH has drug use profiles for each county, which are available on the website as dashboards, or as downloadable PDFs. Profiles cover opioids, prescription drug misuse, and overdoses. These profiles do not cover marijuana, alcohol, or tobacco.

LINK <https://www.health.state.mn.us/communities/opioids/countyprofiles>

SOURCE + Minnesota Student Survey (MSS)

DATA The MSS has administered surveys to Minnesota students every 3 years for the last 30 years. Substance use and mental health data are available at SUMN.org. Other MSS data are available at MDE and MDH sites.

LINK www.sumn.org
<https://public.education.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=11> <https://www.health.state.mn.us/data/mchs/surveys/mss/index.html>